

# YLAD Living Soils *Putting life back into the land*

## Bio-Spark Vitamin C™

Soil Balancing

Cropping

Pasture &amp; Animal

Foliar &amp; Fertigation

Human Health

### Description

What is BioSpark™?

A high performance, fully stabilised Vitamin C with bioflavonoids and essential minerals. Mix with water or fruit juice to make a tangy citrus drink.

### Benefits

A multi-function wonder. Vitamin C is not produced in the human body but it is the workhorse of the detoxification system.

Vitamin C is a powerful antioxidant that can improve wellbeing.

Buffered with essential minerals, including zinc and magnesium, making it gentle on the stomach.

Contains bioflavonoids to enhance the action of vitamin C.

May reduce the severity and duration of colds.

For the symptomatic relief of upper respiratory tract infections.

Vitamin C is necessary for collagen formation, the health of connective tissues, and as a tissue antioxidant.

Vitamin C and flavonoids such as Hesperidin have effective anti-inflammatory and antioxidant properties.

Vitamin C is a free radical scavenger.

Can be used for the prevention or treatment of nutritional deficiency.



### Recommended Usage

Adults: 2 grams (half of a level metric teaspoon) daily.

Children (2-12 years): half adult dose.

Store below 30°C. Keep container tightly capped to protect from moisture.

### Ingredients

Each 2 grams contains:

Ascorbic acid 800 mg, Calcium ascorbate dihydrate 200 mg, Hesperidin 190 mg, Calcium phosphate 100 mg, Magnesium phosphate tribasic 190 mg, Zinc sulfate monohydrate 2.9 mg. Free of yeast, salt, wheat products (gluten), artificial sweeteners and flavouring, sucrose and lactose.

